

What's New at Bay Haven?

We can all agree that summer has brought some “oomph” back to our state of mind and as many COVID-19 imposed restrictions are eased, we are anxious to bring back programs and services. You will notice the July calendar is packed full of activities with a little something for everyone. Highlights include Canada Day celebrations, creative crafts, an evening campfire, courtyard picnics, lots of thought-provoking presentations and there is even mention of a puppy! We hope that July brings laughter and much joy. Please share your program ideas with the Recreation Department as we are happy to implement them!

Don't forget to wear RED for Canada Day

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Celebrate our Athletes at the Tokyo Olympics!



Welcome Visitors!

Residents are delighted to be able to see loved ones again as visitor restrictions have decreased. Family and friends have many options to visit residents:

- Virtual visits using FaceTime and Skype can be booked through the Recreation Department
- In-person visits for GENERAL VISITORS can be booked through Appointlet via the Bay Haven website
- Essential Designated Caregivers can visit without making an appointment, Monday-Friday – anytime in the Retirement Home; 8am-6pm in the Nursing Home.
- Essential Designated Caregivers can also visit the Nursing Home on Saturdays by making an appointment via Appointlet

NEW Opportunity!

Residents are now permitted to leave for short term and temporary absences. See our Visitor Policy for details.

While we are all excited to get back to some sense of normalcy, we must remain diligent with following health guidelines, including good hand hygiene, wearing a mask and maintaining social distance! Thank you for your co-operation.

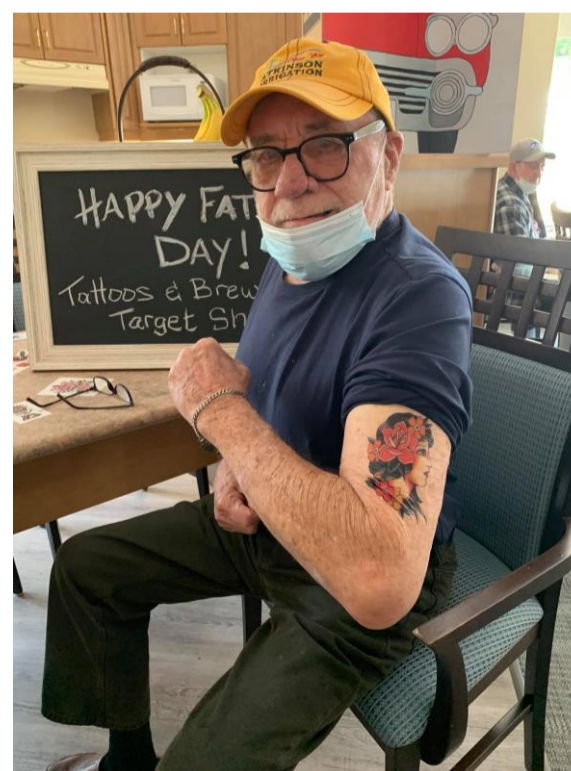
DrumFIT

DrumFIT has been introduced to both Retirement and Nursing Home residents. This new and exciting program combines exercise using stability balls and drumsticks, with choreographed movement to music. While it will take more practice to “look good”, residents are getting some exercise and having fun at the same time! July classes are usually scheduled on Fridays at 10:00am in the Nursing Home and 1:30pm in the Retirement Home. Check the calendar for times!



Father's Day Fun

Residents enjoyed celebrating all the wonderful fathers at Bay Haven by “Shooting Down Corona” with Nerf guns and getting tattoos! Wasaga Beach Cruisers provided residents and staff with a drive-by car show also in celebration of Father's Day and to thank all Bay Haven hard-working staff. Check out the Bay Haven Care Community Facebook page for more photos!



Hydration Happy Hour

Residents in the Nursing Home are treated to Hydration Happy Hour daily at 3:15pm. In an effort to combat the heat and potential dehydration, the extra fluids are welcome.

Residents enjoy mocktails like floats, slushies, smoothies and even Kool-Aid Jammers!

