



Remember to wash your hands



Resident Satisfaction Survey

We would like to take this opportunity to thank all our residents and their families for their time filling out the Resident Satisfaction Survey. These surveys are a great way for Bay Haven to know its strengths and weaknesses, and what we can do to improve on those. The staff are continuing to compile the data and we look forward to implementing your suggestions. The results, along with our quality improvement plan will be posted in the next few months. Thank you!

Message from our Nurse Practitioner

Hello from your attending Nurse Practitioner

It's been my pleasure to serve the residents of Bay Haven while working along side the great staff and Dr. Gandhi over the past three years as the attending Nurse Practitioner, especially in these tough pandemic times! Although often working behind the scenes, I find it rewarding to be able to enhance quality living for residents from a nursing perspective within such a dedicated team. Please feel free to approach me if you have any specific resident health concerns as I am often found at or near the nursing station on Tuesdays and Fridays of each week. Thank you.



Sincerely,
Jonathan de Witte, MN, NP-PHC



FUN FACT

The September birthstone is the sapphire, which was once thought to guard against evil and poisoning. Sapphires were thought to encourage divine wisdom and protection. They symbolized purity, truth, trust, and loyalty.

TGIF Fun!

We would like to take this opportunity to thank all our residents for attending the TGIF performances last month! We are happy to announce that TGIF will continue throughout September!

The list of performers this month includes:

- Friday, September 6th at 2:00 PM –
- Friday, September 10th at 2:00 PM – Debbie
- Friday, September 17th at 2:00 PM – Jimmy's Old Time Radio Show
- Friday, September 27th at 2:00 PM –

TGIF musical performances will be held in the courtyard, weather permitting. We look forward to enjoying the music together!



VON Exercise Is Back!

VON Canada have been pioneering care at homes for over 120 years. They are a highly-trusted registered charity that works with their clients to provide innovative clinical, personal and social support to people. At Bay Haven Care Community, they provide a weekly outdoor exercise class for our residents! Since the beginning of COVID-19, VON stopped conducting their exercise classes due to obvious reasons. Now that more restrictions are lifted, we are happy to have them back! Classes are every Thursday at 1:00 PM in the courtyard. Please arrive early to sign up!



Mental Health Survey

We would like to take this opportunity to thank all the staff members that participated in the mental health survey in August. We received plenty of positive feedback from the staff about how they appreciated the opportunity to give their honest opinion on their workplace, as well as the test giving pointers for anybody that scored low including direction to online/telephone resources and much more. Those who participated got treated with some delicious Starbucks, Tim Hortons, and Cobbs Bread goodies!

