

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

Lest we forget...

			<p>9:30 Manicures (HS) 1</p> <p>1:30 Mystery Game (CL)</p> <p>3:00 Java Music Club (GBC)</p>	<p>2</p> <p>1:00 VON Exercise (RC)</p>	<p>3</p> <p>10:00 Photo Shoot with Jeff (CL)</p> <p>2:00 TGIF with Debbie! (CL)</p>	<p>4</p> <p>10:00 Caitlin's Craft Corner (GBC)</p> <p>1:30 Chocolate Bar BINGO! (DR)</p> <p>3:00 Trivia (CL)</p>
<p>11:00 Bean Bag Toss (CL) 5</p> <p>1:30 Social & Crafts with Girls' Junior Hockey Team! (CL)</p>	<p>6</p> <p>1:00 VON Exercise (RC)</p>	<p>7</p> <p>10:00 Chair Yoga</p> <p>1:30 BINGO!</p> <p>3:00 Darts (RC)</p>	<p>8</p> <p>9:30 Manicures (HS)</p> <p>2:00 Poppy Craft (GBC)</p> <p>3:00 Java Music Club (GBC)</p>	<p>9</p> <p>1:00 VON Exercise (RC)</p> <p><u>Books on Wheels</u></p>	<p>10</p> <p>10:00 Happy Beaders (GBC)</p> <p>1:30 TGIF with Brian (RH)</p>	<p>11</p> <p>10:30 Remembrance Day Ceremony (NH)</p> <p>1:30 BINGO! (DR)</p> <p>3:00 Word Game</p> <p><small>Veterans Day Remembrance Day (Canada)</small></p>
<p>10:00 Meditation and Mindfulness (Stretch and Breath Work) 12</p> <p>1:30 Unity Quilt Making (GBC) <small>Diwali (Hindi)</small></p>	<p>13</p> <p>10:00 Happy Beaders (GBC)</p> <p>1:00 VON Exercise (RC)</p> <p>2:00 Welcome Back, Zack!</p>	<p>14</p> <p>10:00 Hoop Exercise</p> <p>1:30 Anglican Service with Father Sharon (RC)</p> <p>3:00 Board Games</p>	<p>15</p> <p>9:30 Manicures (HS)</p> <p>1:30 BINGO! (DR)</p> <p>3:00 Java Music Club (GBC)</p>	<p>16</p> <p>1:00 VON Exercise (RC)</p>	<p>17</p> <p>2:00 TGIF with Eric (NH)</p>	<p>18</p> <p>10:00 Caitlin's Craft Corner (GBC)</p> <p>1:30 BINGO!</p> <p>3:00 Trivia (CL)</p>
<p>19</p> <p>1:30 Happy Beaders (GBC)</p> <p>6:00 Word Game (CL)</p>	<p>20</p> <p>1:00 VON Exercise (RC)</p> <p>2:00 The Brown's Time Machine</p>	<p>21</p> <p>10:00 Presbyterian Service with Catherine Brown (RC)</p> <p>1:30 BINGO! (DR)</p> <p>3:00 Chair Exercise with Pool Noodles</p>	<p>22</p> <p>3:00 Java Music Club (GBC)</p>	<p>23</p> <p>1:00 VON Exercise (RC)</p> <p><small>Thanksgiving Day (US)</small></p>	<p>24</p> <p>2:00 Birthday Party with Adrien (CL)</p>	<p>25</p>
<p>26</p>	<p>27</p> <p>1:00 VON Exercise (RC)</p> <p>6:00 An Evening with David</p>	<p>28</p> <p>10:00 United Service with Rev. Lesley (RC)</p> <p>1:30 BINGO! (DR)</p> <p>3:00 Chair Yoga</p>	<p>29</p> <p>9:30 Manicures (HS)</p> <p>11:00 Lunch Excursion at Swiss Chalet</p> <p>3:00 FYI Meeting (CL)</p>	<p>30</p> <p>1:00 VON Exercise (RC)</p>		

(RC) Recreation Room (DR) Dining Room (CL) Chesterfield Lounge (GBC) Georgian Bay Café (CY) Courtyard (HS) Hair Salon (SR) Sun Room (NH) Nursing Home