

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

			<p>1</p> <p>9:30 Active Game 10:30 Java Music Club 1:30 Acrostic Poem 3:00 Pass the Ace</p> 	<p>2</p> <p>9:30 Active Game 10:30 Virtual Worship 1:30 Bingo 3:00 At Your Service</p>	<p>3</p> <p>9:30 Active Game 10:30 Word Game 1:30 Afternoon at the Movies 3:00 Short Stories</p>	<p>4</p> <p>9:30 Meditation & Mindfulness 10:30 Active Game 1:30 Bingo 3:00 Trivia</p>
<p>5</p> <p>9:30 Active Game 10:30 Word Game 1:30 Sunday Afternoon at the Movies</p> 	<p>6</p> <p>9:30 Yoga/Hoops 10:15 Craft Time 1:30 Charades 3:00 Categories</p>	<p>7</p> <p>9:30 Group Physiotherapy 10:00 Manicures 1:30 Bingo 3:00 Puppy Cara</p> 	<p>8</p> <p>9:30 Active Game 10:30 Java Music Club 2:00 Birdseed Balls 3:00 At Your Service</p> 	<p>9</p> <p>9:30 Group Physiotherapy 10:00 Trivia 1:30 Bingo 3:00 At Your Service</p>	<p>10</p> <p>9:30 Active Game 10:00 Craft 1:30 TGIF with Brian</p> 	<p>10:30 Remembrance Day Service</p>  <p>1:30 Bingo</p> <p><small>Veterans Day Remembrance Day (Canada)</small></p>
<p>PAJAMA PARTY!</p> <p>Games & Movies Manicures Hot Chocolate & Cookies</p> 	<p>12</p> <p>9:30 Would You Rather.... 10:00 Corn Hole 2:00 Welcome Back Zack 3:00 Word Games</p> 	<p>13</p> <p>9:30 Group Physiotherapy 10:00 Manicures 1:30 Anglican Service with Father Sharon 2:00 Bingo 3:00 Puppy Cara</p> 	<p>15</p> <p>9:30 Active Game 10:30 Java Music Club 1:30 Painting Party 3:00 Short Stories</p> 	<p>16</p> <p>9:30 Group Physiotherapy 10:00 Craft 1:30 Bingo 3:00 At Your Service</p>	<p>17</p> <p>9:30 Chair Yoga 10:00 Current Events 2:00 TGIF with Eric 3:30 Puzzle Time</p> 	<p>18</p> <p>9:30 Meditation & Mindfulness 10:30 Scategories 1:30 Bingo 3:00 Murdock Mysteries</p>
<p>19</p> <p>9:30 Active Game 10:30 Craft 1:30 Sunday Afternoon at the Movies</p> 	<p>20</p> <p>9:30 Pool Noodle Exercise 10:00 Unity Quilt 2:00 The Brown's Time Machine 3:30 Discussion Cards</p> 	<p>9:30 Group Physiotherapy 10:00 Presbyterian Service with Catherine Brown 10:30 Manicures 1:30 Bingo 3:00 Puppy Cara</p> 	<p>22</p> <p>9:30 Active Game 10:30 Java Music Club 1:30 Birdhouse Painting 3:00 At Your Service</p> 	<p>23</p> <p>9:30 Group Physiotherapy 10:00 Guess the Faces 1:30 Bingo 3:00 At Your Service</p> <p><small>Thanksgiving Day (US)</small></p>	<p>24</p> <p>9:30 Active Game 10:30 Trivia 2:00 TGIF with Adrien</p> 	<p>25</p> <p>9:30 Pilates 10:30 Current Events 1:30 Bingo 3:00 At Your Service</p>
<p>26</p> <p>9:30 Parachute Games 10:30 Pass the Ace 1:30 Sunday Afternoon at the Movies</p> 	<p>27</p> <p>9:30 Stretch & Smile 😊 10:30 Craft 1:30 Board Games 3:00 I Love Lucy 6:00 An Evening with David.</p> 	<p>9:30 Group Physiotherapy 10:00 United Church Service with Rev. Lesley 10:30 Manicures 1:30 Bingo 3:00 Puppy Cara</p> 	<p>29</p> <p>9:30 Active Game 10:00 Java Music Club 2:00 Christmas Choir 3:00 At Your Service</p> 	<p>30</p> <p>9:30 Group Physiotherapy 10:00 Residents' Council 1:30 Bingo 3:00 At Your Service</p>	<p>Upcoming Events in December:</p> <p>Christmas Craft Sale Dec. 2nd & 3rd The Christmas Story Dec. 10th</p>	