

# 2024

# February



**Bay Haven**  
CARE COMMUNITY



## Meet our Students

### Sophia:

Sophia grew up in Stoney Creek and is a second-year kinesiology student. During her free time here in Collingwood, Sophia enjoys going skiing!

Sophia has been coming to the area since she was a baby to hit the slopes with her family. Sophia enjoys all the snowy weather we have been getting!

Sophia is not quite sure what exactly she is going to do after achieving her undergrad but does have an interest in physiotherapy and dermatology.

Sophia is part of the recreation team here at Bay Haven and helps out with planning and providing activities for the residents. Sophia also spends time working with the residents to better their stay here!

### Jamie:

Jamie is a second-year kinesiology student and grew up here in Collingwood. Jamie was a competitive dancer for 14 years and also enjoys going skiing with her family at Blue Mountain. Jamie is excited to be doing her first co-op here at Bay Haven because she wanted to be able to help those in the community where she grew up. After completing her undergrad degree, Jamie is hoping to go into physiotherapy but is still exploring other ideas that might interest her.

Jamie is our senior living generalist and helps out in many different areas here at Bay Haven. Some of Jamie's roles include filing and organizing paperwork, sending and delivering mail, and helping out at mealtimes when needed.

### Aryan:

Aryan or Ary, as everyone knows him, is a second-year psychology student from New Delhi, India. He likes to spend most of his time either at the gym, playing soccer, or drawing. Aryan is super excited to be here at Bay Haven!

Aryan hopes to own a private practice as a therapist in the future, after completing graduate school.

Aryan's roles as a 1 on 1 support are to be attentive and responsive to the residents' needs and support their participation in recreation activities and programs. Aryan also helps with reporting residents' daily activities and behaviours to the nurses.



## HA. HA. HA.



What is the best outfit for February 2<sup>nd</sup>?

A tu-tu.



Why did the man get fired from the calendar factory?

He took a few days off in February thinking nobody would notice.



What did the French groundhog see on February 2<sup>nd</sup>?

His chateau.



Who always has a date on Valentine's Day?

A calendar.



Which type of flower is the best at giving smooches?

Tulips.