



# June 2024

# HAPPY FATHER'S DAY

**Bay Haven**  
CARE COMMUNITY



THE HEART OF A FATHER IS THE MASTERPIECE OF NATURE.

ALLHAPPYQUOTES.COM

FATHER'S DAY

SUNDAY

JUNE 16<sup>th</sup>

2PM

# FUN

# IN



# THE SUN

With JIM & MARY

# Party



## Welcome Waterloo Students

Name: Mary Cotter

Mary is a Science Psychology student going into her third year at the University of Waterloo and is completing her first coop placement at Bay Haven. She grew up with her parents and grandparents in Kitchener, which made her appreciate elders and teach her classic manners. Her passion for music and dance lead her to be a ballet dancer for 10 years. However, her interest in neuroscience and people's behaviour contributed to her adoration in the Psychology program at Waterloo.

Mary hopes to work in pharmaceutical sales to travel and enhance her business skills, although she is also interested in working with children. However, she would be happy in any social position where she gets to help others!

As part of the recreation staff on the nursing home side, Mary is responsible for assisting in social and physical activities for the residents and is soon going to run her own events! She also helps with serving tea and coffee during mealtimes but aims to spread joy to the resident in any way she can.

Name: JESSICA HOANG

Jessica just finished her second year in Honours Psychology at the University of Waterloo and is completing her first coop placement at Bay Haven. She was compelled to pursue psychology from her curiosity for the motivations behind human behaviours. She also enjoys gaming and video editing on her free time and hopes to practice her creative skills more this summer.

Jessica hopes to complete a master's and work towards a PhD in Psychology and be a part of psychology studies in the future. She wants to research Dementia and Alzheimer's disease and learn about their risk factors in order to develop appropriate interventions to delay or even prevent those diseases.

Jessica works as the Senior Living Generalist and helps out wherever needed. Her responsibilities can range from delivering mail to updating policies when needed.

Name: Heather Scherle

Heather is a third-year majoring in Therapeutic Recreation and minoring in Gerontology at the University of Waterloo. She came from a small family of four from Mississauga and has a younger sister who also attends the University of Waterloo. She loves animals, as she has 2 dogs and 2 cats, and her dream is to one day have a hobby farm. She has a passion for arts and crafts, as well as brain challenging games. However, she also loves being active and plays on a rugby team for the University of Waterloo.

Currently, Heather aims to complete her undergraduate bachelor's degree and work in recreation with older adults. Her dedication is driven by her oma who had Dementia and wants to give back to families going through similar experiences.

Heather primarily visits residents based on Bay Haven's 1:1 schedule. She additionally assists with tea and coffee during mealtimes, while also helping with recreation during their planned daily activities.