

JULY 2025



Canada became a country July 1st 1867, that means Canada is 158 years old this year!

The iconic red and white maple leaf flag wasn't adopted until 1965.

Canada makes most of the worlds maple syrup!

The name "Canada" comes from the Huron-Iroquois word "kanata," which means "village" or "settlement".

Events in July



Tuesday, July 1st 2:00 - Canada Day Celebration with David G.

Friday, July 4th 2pm - TGIF with Debbie

Friday, July 11th 2pm - TGIF with Jim & Mary

Friday, July 18th 2pm - TGIF with The Brown's Time Machine Thursday, July 24th 6pm - Jazz in the Courtyard with David T.

Friday, July 25th 2pm - TGIF with Adrien

Tuesday, July 29th 2pm - An Afternoon with Jim & Mary



ADOPT A ROAD!
THANK YOU TO EVERYONE WHO HELPED OUT WITH OUR SPRING ADOPT A ROAD CLEAN UP!

Summer Safety

As the temperatures rise, it's important to take extra care during the summer months. Seniors are more vulnerable to heat-related illnesses, so staying cool and hydrated is key. Try to avoid going outside during the hottest parts of the day, and wear light, breathable clothing along with a hat and sunscreen when you do go out. Keep cool indoors with fans or air conditioning, and remember to drink plenty of water throughout the day. A little extra caution can help you enjoy a safe and comfortable summer!

Ontario Mobile Dentist

We're excited to offer a new service through the Ontario Mobile Dentist program! This mobile dental unit provides on-site dental care, including check-ups, cleanings, and basic treatments—making it easier than ever to maintain oral health without leaving home! If you have any questions please talk to Lillian.

We're Looking for Volunteers!

Want to make a difference and get more involved? We're currently looking for volunteers to help with upcoming events, activities, and spending time with residents. Your help can make a big impact!

Interested? Reach out to Corrie —we'd love to have you on board!

Trip to Sunset Point!

The recreation team is planning an exciting trip to Sunset Point on the 15th at 11:00 - 1:00 pm. It's a great chance to relax, enjoy the view, and spend time together outside!

We will pack a lunch for all who attend, but if you would like to buy some treats from the Chipper make sure you bring some money!

If you are interested in attending please sign up with the recreation staff!



Resident Satisfaction Surveys

We are reaching out to invite you to participate in our Annual Satisfaction Survey for your loved one's care at Bay Haven. Your feedback is incredibly important to us, and we truly value your input. You can pick up a survey in the front foyer or ask Kristi for a copy. Once completed, you may return it in one of the following ways:

- Email it back to us at kmolenhuis@bayhaven.com
- Drop it off at the Retirement Nursing Office or the Nursing Home Office