

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2026

Bay Haven's Long Term Care Recreation Schedule

New Year's Day													
4	9:30 Morning Stretch 10:30 Virtual Church 1:30 Afternoon at the Movies 3:00 2026 Paintings	9:30 Keep it up 10:30 You be the Judge 1:30 Baby Wipe Tye Dye 3:00 Family Feud 6:00 Who am I?	5	9:30 Group Physiotherapy 10:30 Manicures 1:30 Bingo 3:00 Word Game 5:45 Barry on the Keys	6	9:30 Group Physiotherapy 10:30 Ladder Ball 1:30 Trivia 3:00 Short Stories	7	9:30 Java Music Club 10:30 Northern Lights Painting 1:30 Bingo 3:00 Snow Dough 6:00 Word Game	8	9:30 Group Physiotherapy 10:30 Snowman Painting 2:00 TGIF with Jim & Mary 3:30 Penguin Craft	9	9:30 Chair Dancing 10:30 Charades 1:30 Bingo 3:00 Coloring Corner	10
													
11	9:30 Roll & Stretch 10:30 Virtual Church 1:30 Fact or Fiction 3:00 Knitting Club 	9:30 Group Physiotherapy 10:30 Trivia 1:30 Charades 3:00 Wii Games 6:00 Coloring Corner	12	9:30 Group Physiotherapy 10:30 Manicures 1:30 Bingo 3:00 Pipe Cleaner Snowflakes 5:45 Barry on the Keys	13	9:30 Group Physiotherapy 10:30 Toss Across 1:30 Turkey Presentation 3:00 Identify Spices 6:00 Alaska & Moose Trivia	14	9:30 Java Music Club 10:30 Pet Therapy 2:00 Bay Haven's Anniversary Party 3:30 Word Games 6:00 Crokinole & Shuffleboard	15	9:30 Kick Ball 10:30 Tune Time: Pop 1:30 Painting Party 3:00 Trivia 6:00 Movie Night	16	9:30 Chair Yoga with Hoops 10:30 Moose Tracks 1:30 Bingo 3:00 Sensory Snow 6:00 January More Jeopardy Trivia	17
18	9:30 Meditation 10:30 Virtual Church 2:00 Dance Room Performance 3:00 Tallest Snowman Challenge 6:00 EZ Music Trivia	9:30 Group Physiotherapy 10:30 Charades 1:30 Drum Painting 3:00 Would You Rather 6:00 Tales of the Last Frontier <small>Martin Luther King Jr. Day</small>	19	9:30 Group Physiotherapy 10:30 Manicures 1:30 Bingo 3:00 Trivia 5:45 Barry on the Keys	20	9:30 Group Physiotherapy 10:30 Sorting Activity 2:00 Line Dancers Performance 3:00 Drama Club 6:00 Travelogue: Anchorage, Alaska	21	9:30 Java Music Club 10:30 Spa Day 1:30 Bingo 3:00 Name That Tune 6:00 Pondering Prompts	22	9:30 Chair Zumba 10:30 Cozy Cup Wraps 2:00 TGIF with David G. 3:30 Board Games 6:00 Movie Night	23	9:30 Drum Fit 10:30 Word Games 1:30 Bingo 3:00 Karaoke 6:00 The Ice King: Wayne Gretzky	24
25	9:30 Keep It Up 10:30 Virtual Church 1:30 Painting Party 3:00 Fact or Fiction 6:00 You Be the Judge	9:30 Group Physiotherapy 10:30 Short Stories 1:30 Conversation Cards 3:00 Travelogue: Australia 6:00 Coloring Corner	26	9:30 Group Physiotherapy 10:30 Resident Council 11:00 Manicures 1:30 Bingo 3:00 Foil Print Art 5:45 Barry on the Keys	27	9:30 Group Physiotherapy 10:30 Craft Stick Snowflakes 1:30 Kick Ball 3:00 Who Am I? 6:00 Modern Jeopardy Trivia	28	9:30 Candle Craft 11:00 Werner on the Squeezebox 1:30 Pet Therapy 3:00 Ice Cube Fishing 6:00 Name That Tune	29	9:30 Chair Dancing 10:30 Pass the Ace 1:30 Puzzles 3:00 Hot Chocolate Cart 6:00 Movie Night	30	9:30 Sing-a-long 10:30 Baking: Buttery Almond Shortbread 1:30 Bingo 3:00 Kick Ball 6:00 Board Games Night	31

Activities subject to change.